



KAINGO ROCKS

DAY VISITORS
SPA PRICE LIST



THE
SAFARI RETREAT
AT KAINGO ROCKS

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Welcome to **THE SAFARI RETREAT SPA!**

Nestled within our private reserve, The Safari Retreat offers a sanctuary of tranquility, run by our team of professionally trained staff. Overlooking serene waterholes, the spa provides the perfect setting to relax whilst observing wildlife in its natural habitat.

Whether you're an in-house guest or just visiting for the day, you'll enjoy a rejuvenating experience surrounded by the beauty of nature.

To make your time with us even more memorable, every treatment includes **a complimentary 30-minute soak in our jacuzzi.**

IMPORTANT INFORMATION:

- All spa visits must be reserved and confirmed in advance using the number provided for Day Visits: 0974-251-100.
- On arrival, please present yourself at The Hide reception, where transport will be arranged to take you into the reserve.

At The Safari Retreat, every visit promises to be an unforgettable escape.

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FULL BODY MASSAGE

DEEP TISSUE MASSAGE

A deep tissue massage is a therapeutic technique that targets the deeper layers of muscles and connective tissue. It uses slow, firm pressure and focused strokes to relieve chronic muscle tension, improve mobility, and reduce pain. This type of massage is especially beneficial for people with muscle injuries, stiffness, or ongoing strain.

60 mins

\$80

90 mins

\$100

AROMATHERAPY MASSAGE

An aromatherapy massage combines gentle massage techniques with the use of essential oils to enhance physical and emotional well-being. The oils are selected for their therapeutic properties and are either inhaled or absorbed through the skin during the massage, promoting relaxation, reducing stress, and improving mood.

60 mins

\$80

90 mins

\$100

SWEDISH MASSAGE

A Swedish massage is a classic full-body massage that uses long, flowing strokes, kneading, and circular movements to promote relaxation and improve circulation. It's ideal for reducing stress, easing muscle tension, and enhancing overall well-being.

60 mins

\$80

90 mins

\$100

COUPLES' RATES

Unwind together - side
by side

60 mins

\$150

90 mins

\$190

CHOOSE YOUR OIL:

- Muscle Relief
- Detox
- Relax
- Aromatherapy



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KOREAN HEAD SPA

45 MINS | \$50 60MINS | \$60

Indulge in the ultimate relaxation ritual inspired by traditional Korean wellness practices. A Korean Head Spa is a luxurious scalp therapy designed to rejuvenate your mind, body, and hair.

The treatment begins with a soothing scalp cleansing to remove impurities, excess oil, and product build-up, followed by gentle exfoliation that stimulates blood circulation and promotes healthy hair growth. Warm aromatic steam deeply nourishes the scalp while easing tension, stress, and fatigue.

Special massage techniques are used to melt away tightness in the head, neck, and shoulders, bringing a wave of calm and balance. Natural oils, herbal essences, and nourishing treatments restore vitality and leave your hair soft, shiny, and refreshed.

Benefits include:

- Improved scalp health & hair growth
- Stress and tension relief
- Enhanced circulation and relaxation
- Shinier, healthier, and more manageable hair

This is more than just a treatment - it's a full sensory escape that leaves you glowing from the inside out.

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DELUXE GEL PEDICURE

75 MINS | \$50

Step into pure foot heaven with our **Deluxe Gel Pedicure** - a rejuvenating treat for tired feet.

The treatment begins with a warm, aromatic foot soak to soothe and soften, followed by expert nail shaping and meticulous cuticle care.

This is followed by a refreshing exfoliating scrub to slough away dry skin, alongside gentle callus treatment for baby-smooth heels. A luxurious foot and calf massage with rich, hydrating cream accompanies the pedicure and will melt all tension away.

The treatment is topped off with a nourishing mask or warm towel wrap and a flawless gel polish application - shiny, chip-resistant, and long-lasting for up to 3 weeks.

Includes:

- Aromatic foot soak
- Nail shaping & cuticle care
- Exfoliating foot scrub
- Callus treatment
- Hydrating foot & calf massage
- Moisturizing mask or warm wrap
- Gel polish finish (UV/LED cured)

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DELUXE GEL MANICURE

60 MINS | \$45

Give your hands the royal treatment they deserve with our **Deluxe Gel Manicure** - perfect for polished, picture-perfect nails.

Begin with a comforting warm hand soak to prep your skin and nails. Your nails will be shaped to perfection and cuticles cared for with gentle precision.

A brightening exfoliating scrub will be massaged on to the hands and nails to smooth the skin, while a soothing hand and forearm massage will ease away any tension whilst also deeply hydrating the skin.

A warm towel wrap or rich mask will boost moisture before application of your chosen gel polish - perfect for a glossy, chip-resistant finish that stays flawless for up to two weeks.

Includes:

- Warm hand soak
- Nail shaping & cuticle care
- Exfoliating hand scrub
- Hydrating massage
- Moisturizing mask or warm wrap
- Gel polish finish (UV/LED cured)



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PICK A PAMPER PACKAGE

2 HRS OF PURE BLISS | CUSTOMIZABLE EXPERIENCE

Looking for the perfect way to relax, refresh, and feel completely renewed? Our Pick a Pamper Package gives you the freedom to focus on what your body needs most. Curate your own two-hour escape and let us take care of the rest.

CHOOSE FROM A MANICURE, PEDICURE OR KOREAN HEAD SPA WITH ANY FULL BODY MASSAGE FOR ONLY \$120:

FULL BODY MASSAGE (60 mins)

Choose from Deep Tissue, Aromatherapy or Swedish Massage.

DELUXE MANICURE

Leaves hands and nails looking and feeling their best. Includes a hand soak and scrub, nail shaping and cuticle care, and a gel polish.

DELUXE PEDICURE

Ideal for tired legs and sore soles and keeps feet looking and feeling their best. Includes a foot scrub, callus treatment, hydrating foot and calf massage and a gel polish.

KOREAN HEAD SPA

A luxurious scalp therapy for deep scalp cleansing, stress relief, and hair revitalization

Let your body guide you. Whether it's deep relaxation, targeted relief, or a little self-care boost, choose the massage that feels right - and add a manicure or pedicure as the perfect finishing touch. Choose to be pampered your way.